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Contributions of Neuropsychological evaluation to the Psychotherapy process in children with ADHD traces

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The intersection between Neuropsychology and Cognitive-Behavioral Psychotherapy in several cases has been shown to be beneficial, improving the quality and speed of treatments due to the greater understanding and resources that the two areas together make possible. This project proposes to know, evaluate and understand the implications involving the human being with attention deficit hyperactivity disorder as well as their parents/guardians, in an attempt to improve the quality of life of the subjects involved in this context from awareness of cognitive and behavioral processes. This study is promoted by the Laboratory of Studies in Stigmatization Processes (LEPE) of the Psychology course at CENSA Higher Education Institutes - ISECENSA and presents as a general objective of this project to evaluate the importance of Neuropsychology for the psychotherapeutic process of old children in cases of Attention Deficit Hyperactivity Disorder (ADHD). The methodology used in the research will be of a qualitative nature. At first, a Literature Review will be carried out to support the researchers views on the topic with the following descriptors: Psychology, Attention Deficit Hyperactivity Disorder and Cognitive-behavioral Psychotherapy. Afterwards, field research will use the semi-structured interview technique and the application of the ETDAH-PAIS scale. Such instruments will be applied to ten subjects, parents or guardians of children who have ADHD traits. This research is expected to contribute to the promotion of a better quality of life for subjects with Attention Deficit Hyperactivity Disorder (ADHD), as well as for their families. It also intended, at the end of the research, to publish the results collected and analyzed in Revista Perspectivas on line.

Keywords: Neuropsychology; Inattention; Impulsiveness; Cognitive-behavioral psychotherapy.

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