



## Psychology and spirituality as a net support for patient palliative care treatment

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The current literature demonstrates the existence of positive influences in the religious and spiritual beliefs on the oncological treatment of patients. Hence, the current study, promoted by the NEFE - Phenomenology Studies Centre in partnership with NUCFER - Rationality and Faith, Culture, Multidisciplinary Research Centre from CENSA – ISECENSA Pastoral University Tertiary Study Institutes, has the proposal of knowing, analysing and comprehending the conceptions of family and health professionals related to the correlation amongst psychology, spirituality and health in Oncology. Therefore, the general purpose of this project is to comprehend the significance of spirituality for Oncology patients during their treatment and how this mechanism could contribute to the support of human care and in the relationship between patient, relatives and health team. The research will be qualitative, whereby, at first, it will undertake a literature review in order to underpin the researchers' point of view concerning the proposed study theme, seeking scientific articles published throughout the last 10 years about the following subject matters: Psychology, Religion, Health, Spirituality. Subsequently there will be a field research, utilising the Semi-Structured Research Technique. The aim is the achievement of 10 individual interviews, encompassing 5 (five) with oncology palliative care patients' relatives and 5 (five) with multidisciplinary health professionals, who work at the oncology palliative care sector. It is expected that through Psychology and Spirituality the improvement of quality of life of the oncology patients will be supported, at the end of the research process, publishing the obtained results in the scientific article "Revista Perspectivas Online".

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