

## Lucas law and the teacher training of a private school in Campos dos Goytacazes-RJ: A pilot study

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According to the World Health Organization, human safety is based on the development of the individual, understanding the safety of all situations in their daily lives, including safety at school. Considering that approximately 80% of school-age children and adolescents attend schools, they have taken on a fundamental role in promoting health and preventing accidents, especially in the school environment. Incidents in the school space occur frequently, most of the time, teachers and school employees do not notice risk situations and may even contribute to the aggravation of injured students, since they were not trained to intervene in such emergency demands. The Lucas Law appears in this scenario with the purpose of training teachers and employees, from public and private schools, to provide first aid, avoiding possible accidents. Therefore, this pilot study aimed to train teachers of Kindergarten at a private school in the city of Campos dos Goytacazes-RJ, according to the Lucas Law, on the initial measures of first aid. To carry out this pilot study, training was initially carried out on the Lucas Law, with verbal exposition and demonstration of initial first aid measures, through four theoretical-practical videos with 12 teachers. Soon after, the pre-test questionnaire was applied, with closed and semi-open questions related to the training content, and after 10 days, the post-test questionnaire was applied. Data analysis was performed using descriptive statistics in the SPSS® software, comparing the pre-test and post-test results. It was verified, in the pre-test, 17.5% of correct answers, while in the post-test it reached 83%. Thus, it is concluded that the pilot study made it possible not only to verify the effectiveness of training in the training of teachers, but also the need to carry out training such as this to encourage the autonomy of teachers in cases of accidents and, consequently, favor school safety.

**Keyword:** Health Education. First Aid. Nursing.

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