

Ostomy and sexuality

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Colorectal cancer, diverticulitis and Crohn's disease are morbidities that in some cases require the need for a colostomy as part of the treatment, which has beneficial purposes for recovery and increases patient survival. When performing the colostomy, individuals are faced with a new reality to be experienced. A reality that generates impactful changes in both bodily and psychic aspects. Starting from the moment of surgery until its completion. Which reverberate in the depression of their self-image, and especially in their sexual experience. The present work consists of a survey on the sexuality of a patient with an intestinal ostomy, aiming at the relationship of self-image. For this, the ostomy patient's perception of sexuality will be analyzed, identifying factors correlated with self-image and the impact on sexuality, in addition to raising negative consequences experienced by these patients, analyzing the strategies for daily coping with the use of colostomy. Does the colostomy bag affect the sexuality of colostomy patients? This is a field research with a qualitative approach. The sample will be composed of colostomized individuals, members of the Ostomized People Program, in the city of Campos dos Goytacazes. The data collection instrument will consist of a semi-structured questionnaire, with open and closed questions, and a recorded interview, in order to analyze the patients' perception of sexuality. The results of the sociodemographic profile will be analyzed using descriptive statistics while the interview data will be analyzed using content analysis, according to Bardin's conception. The study intends to suggest the implementation of actions and conducts related to the proposed theme, in order to encourage further research in this area. It is also expected to contribute to the research subjects, academic community, health professionals and society in general.

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