



Online Perspectives Journal: Biological & Health
Proceedings of the 7th International Congress on Scientific Knowledge
6th Research & Development PROVIC/PIBIC
v. 11, n° 38, Supplement, 2021

Dance at school and its contribution to the cognitive development of children through classic ballet

Nayra de Souza Mothé Alvarenga¹, Maria Laura Porto Calil¹, Priscilla Gonçalves de Azevedo²

(1) Scientific Initiation Volunteer Student at PROVIC/ISECENSA – Physical Education Course; (2) Adviser Researcher at the Laboratory of Human Motricity Biosciences – LABIMH/ISECENSA – Physical Education Course – CENSA/ISECENSA Higher Education Institutes, Rua Salvador Correa, 139, Centro, Campos dos Goytacazes, RJ, Brazil.

This work discusses dance and the cognitive development of children in Early Childhood Education. For Dance to become effective, we intend to understand that teachers become creators and authors of their own practices to promote learning at this level of education. The main objective is to investigate whether the practice of dance in a school environment, specifically through classical ballet, collaborates with the cognitive development of children aged 2 to 5 years, helping in the learning process in the classroom. As a methodological strategy, a systematic literature review was carried out with an analysis of periodicals published in Portuguese, between the years 2012 to 2020, using the academic google, scielo, bvs, and PubMed databases. Our study was carried out between February and November 2020. In this sense, we understand that dance enables the development of the student's attention, perception, reasoning, memory and imagination, contributing to cognitive development at a time when it is necessary to relate movements to rhythms, as it is precisely at this stage that experiences and experiences happen. that will be recorded for the rest of your life, even if you are not initially aware of it. The results showed that dance is a valuable tool in cognitive development, as the student is led to think, understand and solve problems when performing the specific movements of this dance practice. Our work is of important necessity due to the fact that there are still few studies that deal specifically with the practice of classical ballet and cognitive development, thus becoming one more research document necessary for future studies. We conclude that dance contributes to the cognitive development of students as an alternative practice through its rhythms, steps, exercises, choreographic sequences and creativity.

Keyword: Dance at school. Classic Ballet. Cognitive development.

Supported by: ISECENSA.